

# Mediterranean

# BREAKFAST

/ MENU /

MONDAY-FRIDAY  
8AM-11.45AM

WEEKENDS & PUBLIC  
HOLIDAYS  
8AM-11.30AM

(GF) GLUTEN FREE  
(VG) VEGAN  
(V) VEGETARIAN  
(DF) DAIRY FREE

\*WE ONLY USE  
FREE RANGE EGGS

**\*WHEN MAKING  
ALTERATIONS TO  
DISHES ADDITIONAL  
WAITING PERIODS &  
CHARGES WILL  
APPLY**

/ SOMETHING EXTRA

RYE BREAD 3.0  
GF BREAD 3.0  
EGG 3.5  
BACON 7.0  
TOMATO 5.0  
CHORIZO 4.5  
SPINACH 4.0  
MUSHROOM 5.0  
AVOCADO 6.0  
RELISH 3.0  
HASH BROWN 3.5  
BAKED BEANS 4.5  
SALMON 6.5  
HALOUMI 6.5  
LABNEH 3.0

/ OLD V NEW

## BACON & EGGS

Choice of poached, scrambled or fried eggs with bacon & toasted Turkish bread.  
19.0

## LOADED AVO (V)

Grilled seeded sourdough rye bread, topped with avocado, dukkah spices, roasted pistachios & black sesame seeds with poached eggs and goats cheese. Finished with fresh pomegranate. 24.0  
Why not add bacon? + 7.0

## CROQUE MADAME

Lightly toasted brioche bread with gruyere cheese, smoked ham and a creamy mustard mayo topped with a fried egg.  
22.5

## BLUE SWIMMER CRAB & CHILLI SCRAMBLED EGGS

On grilled Turkish bread with leafy greens, chilli & sesame seeds.  
24.0

## LEBO VEGO DELIGHT (V)

Grilled seeded sourdough rye bread topped with grilled haloumi, a fried egg, sautéed mini Roma tomatoes and cucumber, zaatar & roasted pine nuts. Served with labneh & fresh mint.  
21.5

## EGGS BENEDICT

Lightly toasted brioche bread topped with grilled ham, poached eggs & hollandaise.  
19.0

## EGGS SALMONE

Grilled seeded sourdough rye bread topped with smoked salmon, smashed avo, fresh spinach, poached eggs and hollandaise finished with fresh dill.  
25.0

## THE VEGAN (VG, V, DF)

Sauteed zucchini, broccolini & baby spinach on pumpkin hummus, quinoa & dukkah served with sesame coated avocado & sweet potato crisps.  
22.0

## THE BIG MED

2 eggs your way, bacon, grilled chorizo, mushrooms, tomatoes and a hash brown served with toasted Turkish bread  
29.0

## BLT FOCACCIA

Bacon, eggs, lettuce, cheese, tomato & mayo.  
20.5

## B&E BURGER

Brioche bun with 2 eggs, bacon, melted cheese & house made relish.  
19.0

## ZAATAR LABNEH MANOUSH (V)

Zaatar spices on a traditional 9" pizza base with fresh tomato, labneh yoghurt, mint & olive oil.  
17.0

## RAISIN TOAST [2] (V) (DF)

9.0

## CROISSANT

Ham, cheese & tomato.  
12.0

## FLAT BREADS

Ham, cheese & tomato  
12.0  
Bacon, avocado & cheese  
17.0

/ BREADS & MORE

/ SOMETHING SWEET

## PANCAKES (V)

With strawberries, blueberries and mascarpone cream served with toasted seeds, maple syrup and raspberry coulis.  
18.5

## NUTELLA FRENCH STACK

French toast with Nutella, banana, strawberries, maple syrup, cinnamon sugar & almond crumble with hazelnut and pistachios.  
22.0

## MUESLI (V)

Coconut granola & crunchy maple muesli layered with yoghurt & berries. Topped with fresh strawberries, energy seed mix & a light drizzle of honey.  
18.0

## ACAI GRANOLA BOWL (V) (DF)

Acai berry smoothie topped with maple granola, fresh banana, honey, kiwi fruit, strawberries & an energy seed mix.  
20.0  
We recommend adding peanut butter + 2.0

/ DRINKS /

## SMOOTHIES from the 10.0

Why not add a scoop of choc protein? + 3.5

## ACAI SMOOTHIE

Acai berries, banana, blueberries, raspberries & coconut water.

## BANANA SMOOTHIE

Banana, honey, cinnamon, yoghurt & milk.

## FERERO ROCHER SMOOTHIE

Ferrero rocher, ice cream & milk.

## MIXED BERRY SMOOTHIE

Berries, banana, honey, yoghurt & milk.

## SUPER GREEN SMOOTHIE

Apple, cucumber, celery, kale, ginger, pineapple, banana & coconut water.

## BREAKFAST SMOOTHIE

Maple granola, banana, blueberries, honey & milk.

/ SMOOTHIES

/ JUICES

**SUMMER BREEZE SMOOTHIE**  
Orange, watermelon, strawberries, banana & pineapple blended with coconut water.

## FRESHLY SQUEEZED OJ 8.0

## NIPPY'S JUICES 5.5

Apple/Orange/Pineapple/Tomato

## MOUNTAIN FRESH 6.0

Apple & Guava/Tropical

## MILKSHAKES 8.5

## THICKSHAKES & FRAPPES 11.0

Chocolate, Strawberry, Vanilla, Banana, Caramel, Lime, Coffee

## ICED COFFEE/CHOCOLATE/MOCHA 8.5

+ House made whipped cream 0.5

/ SHAKES & ICED DRINKS

/ COFFEES

Cappuccino/Flat White/Latte/Iced Latte/Long Black/Iced Black 5.0 / 6.0  
Piccolo 4.5

Macchiato/Long Macchiato 4.2

Short Black 3.8

Mocha/Dirty Chai Latte 5.8/6.8

Chai Latte 5.5/6.5

Matcha Latte/Turmeric Latte 5.5/6.5

Vienna Black/White/Choc 6.0/7.0

Babycino 2.0/3.5

Affogato 9.0

Why not add a shot of liqueur? +8.5

/ MILKS & EXTRAS

## MILK ALTERNATIVES

Bonsoy, MilkLab Almond Milk, Oat & Lactose Free +1.0

Extra Coffee Shot +1.0

Caramel, Vanilla, Hazelnut Syrup +0.8

Decaf Coffee +0.6

/ TEAS

## TEA DROP LOOSE LEAF POUCHES

5.0

English Breakfast/Earl

Grey/Chai/Green/Lemongrass

ginger/Peppermint/Chamomile

## HOMEMADE ICED TEA 6.5

Lemongrass/Ginger/Green/Peppermint/Chamomile