# Mediterranean

BRE AKF AST

MONDAY-FRIDAY 8AM-11.45AM

WEEKENDS & PUBLIC HOLIDAYS 8AM-11.30AM

(GF) GLUTEN FREE (VG) VEGAN (V) VEGETARIAN (DF) DAIRY FREE

\*WE ONLY USE FREE RANGE EGGS

\*WHEN MAKING ALTERATIONS TO DISHES ADDITIONAL WAITING PERIODS & CHARGES WILL ADDI V

/ SOMETHING EXTRA

RYE BREAD 3.0
GF BREAD 3.0
EGG 3.5
BACON 7.0
TOMATO 5.0
CHORIZO 4.5
SPINACH 4.0
MUSHROOM 5.0
AVOCADO 6.0
RELISH 3.5
HASH BROWN 4.0
BAKED BEANS 5.0
SALMON 7.0
HALOUMI 7.0
LABNEH 3.5

## **BACON & EGGS**

Choice of poached, scrambled or fried eggs with bacon & toasted Turkish bread.

20.0

#### LOADED AVO (V)

Grilled seeded sourdough rye bread, topped with avocado, dukkah spices, roasted pistachios & black sesame seeds with poached eggs and goats cheese. Finished with fresh pomegranate. 25.0 Why not add bacon? + 7.0

# **CROQUE MADAME**

Lightly toasted brioche bread with gruyere cheese, smoked ham and a creamy mustard mayo topped with a fried egg. 23.5

# BLUE SWIMMER CRAB & CHILLI SCRAMBLED EGGS

On grilled Turkish bread with leafy greens, chilli & sesame seeds. 25.0

#### LEBO VEGO DELIGHT (V)

Grilled seeded sourdough rye bread topped with grilled haloumi, a fried egg, sautéed mini Roma tomatoes and cucumber, zaatar & roasted pine nuts. Served with labneh & fresh mint.

22.5

#### **EGGS BENEDICT**

Lightly toasted brioche bread topped with grilled ham, poached eggs & hollandaise. 20.0

#### **TAGINE**

26.0

Chorizo, roasted capsicum, chickpeas and red onion in a Nap sauce with Moroccan spices, poached eggs, crumbled fetta and dukkah. Served with char-grilled Turkish bread.

# EGGS SALMONE

Grilled seeded sourdough rye bread topped with smoked salmon, smashed avo, fresh spinach, poached eggs and hollandaise finished with fresh dill.

26.0

# THE VEGAN (VG, V, DF)

Sauteed zuchini, broccolini & baby spinach on pumpkin hummus, quinoa & dukkah served with sesame coated avocado & sweet potato crisps.

23.5

#### THE BIG MED

2 eggs your way, bacon, grilled chorizo, mushrooms, tomatoes and a hash brown served with toasted Turkish bread 30.0

#### **BLT FOCACCIA**

Bacon, eggs, lettuce, cheese, tomato & mayo.
21.5

#### **B&E BURGER**

Brioche bun with 2 eggs, bacon, melted cheese & house made relish. 20.0

#### **ZAATAR LABNEH MANOUSH (V)**

Zaatar spices on a traditional 9" pizza base with fresh tomato, labneh yoghurt, mint & olive oil. 18.0

# RAISIN TOAST [2] (V) (DF)

10.0

& MORE

S

#### **CROISSANT**

Ham, cheese & tomato. 13.0

# FLAT BREADS

Ham, cheese & tomato
13.0
Bacon, avocado & cheese
18.0

# PANCAKES (V)

**SOMETHING SWEET** 

With strawberries, blueberries and mascarpone cream served with toasted seeds, maple syrup and raspberry coulis.

19.5

#### **NUTELLA FRENCH STACK**

French toast with Nutella, banana, strawberries, maple syrup, cinnamon sugar & almond crumble with hazelnut and pistachios.
22.5

#### **MUESLI (V)**

Coconut granola & crunchy maple muesli layered with yoghurt & berries. Topped with fresh strawberries, energy seed mix & a light drizzle of honey.

19.0

#### ACAI GRANOLA BOWL (V) (DF)

Acai berry smoothie topped with maple granola, fresh banana, honey, kiwi fruit, strawberries & an energy seed mix.

21.0

We recommend adding peanut butter + 2.0

#### **/DRINKS/**

# **SMOOTHIES** from 11.0

Why not add a scoop of choc protein? + 3.5

#### **ACAI SMOOTHIE**

Acai berries, banana, blueberries, raspberries & coconut water.

#### **BANANA SMOOTHIE**

Banana, honey, cinnamon, yoghurt & milk.

## FERERO ROCHER SMOOTHIE

Ferrero rocher, ice cream & milk.

#### MIXED BERRY SMOOTHIE

Berries, banana, honey, yoghurt & milk.

#### **SUPER GREEN SMOOTHIE**

Apple, cucumber, celery, kale, ginger, pineapple, banana & coconut water.

#### **BREAKFAST SMOOTHIE**

Maple granola, banana, blueberries, honey & milk.

# SUMMER BREEZE SMOOTHIE

Orange, watermelon, strawberries, banana & pineapple blended with coconut water.

# FRESHLY SQUEEZED OJ 9.0

# NIPPY'S JUICES 6.0

/ JUICES

& ICED DRINKS

SHAKES

/COFFEES

**MILKS & EXTRAS** 

Apple/Orange/Pineapple/Tomato

#### **MOUNTAIN FRESH 6.5**

Apple & Guava/Tropical

#### MILKSHAKES 9.0

# THICKSHAKES & FRAPPES 12.0

Chocolate, Strawberry, Vanilla, Banana, Caramel, Lime, Coffee

# ICED COFFEE/CHOCOLATE/ MOCHA 9.0

+ House made whipped cream 0.5

# Cappuccino/Flat White/Latte/Iced Latte/Long Black/Iced Black 5.0 / 6.0 Piccolo 4.5

Macchiato/Long Macchiato 4.2 Short Black 3.8 Mocha/Dirty Chai Latte 5.8/6.8 Chai Latte 5.5/6.5

Matcha Latte/Turmeric Latte 5.5/6.5 Vienna Black/White/Choc 6.0/7.0 Babycino 2.0/3.5

Affogato 9.5

Why not add a shot of liqueur? +8.5

#### MILK ALTERNATIVES

Bonsoy, MilkLab Almond Milk, Oat & Lactose Free +1.0

Extra Coffee Shot +1.0 Caramel, Vanilla, Hazelnut Syrup +0.8

# TEA DROP LOOSE LEAF POUCHES

Decaf Coffee +0.6

5.0

English Breakfast/Earl Grey/Chai/Green/Lemongrass ginger/Peppermint/Chamomile

#### **HOMEMADE ICED TEA** 7.0

LemongrassGinger/Green/ Peppermint/Chamomile