

# Mediterranean BREAKFAST MENU

Monday - Friday 8am - 11.45am

Weekends & Public Holidays 8am - 11.30am

(GF) GLUTEN FREE (VG) VEGAN (V) VEGETARIAN (DF) DAIRYFREE

\*We only use free range eggs

\*When changing dishes additional waiting periods & charges may apply

## OLD V NEW

### BACON AND EGGS 15.9

Choice of poached, scrambled or fried eggs with bacon and toasted Turkish bread.

### LOADED AVO (V) 21.9

Grilled seeded sourdough rye bread, topped with avocado, dukkah spices, roasted pistachios and black sesame seeds with poached eggs and goats' cheese. Finished with fresh pomegranate.

*Why not add bacon? + \$5*

### EGGS BENEDICT 16.9

Grilled seeded sourdough rye bread, topped with grilled ham, poached eggs and hollandaise.

### EGGS SALMONE 19.9

Toasted seeded sourdough rye bread topped with salmon, smashed avo, fresh spinach, poached eggs and hollandaise sauce, finished with fresh dill.

### VEGETARIAN OMELETTE (V) 17.9

Mushrooms, spinach, tomato, onion, capsicum and haloumi, served with toasted Turkish bread.

*Make it a Spanish omelette by adding chorizo + \$3*

### THE BIG MED 25.0

2 eggs your way, bacon, grilled chorizo, mushrooms, tomatoes and a hash brown served with toasted Turkish bread.

## SWEET CORNER

### PANCAKES (V) 14.5

With maple syrup and cream.

### FRENCH STACK 17.9

French toast with an apple and sultana compote, strawberries, maple syrup, cinnamon sugar and almond crumble with vanilla mascarpone cream.

### MUESLI (V) 15.9

Coconut granola and crunchy maple muesli layered with an apple and sultana compote, yoghurt and berries. Topped with fresh strawberries and a light drizzle of honey.

## BREADS & MORE

### RAISIN TOAST [2] (V) (DF) 6.9

### CROISSANT 10.9

Ham, cheese and tomato.

### FLAT BREADS

Ham, cheese and tomato. 9.9

Bacon, avocado and cheese. 14.5

### ZA'ATAR LABNE MANOUSH (V) 14.9

Za'atar spices on a traditional 9" pizza base topped with fresh tomato, labne yoghurt, mint and olive oil.

### BLT FOCACCIA 18.5

Bacon, eggs, lettuce, cheese, tomato and mayo.

### B&E BURGER 16.9

Brioche bun with 2 eggs, bacon, melted cheese and house made relish.

### VEGGIE BRUSCHETTA (V) 18.9

Roasted Japanese pumpkin, pine nuts, fresh spinach, sage and fetta topped with poached eggs. Served on char-grilled Turkish bread and finished with rocket and a drizzle of sticky balsamic.

## SOMETHING EXTRA

RYE BREAD 2.0

TOMATO 3.0

CHORIZO 3.0

FRESH SPINACH 3.0

BACON 5.0

MUSHROOM 4.0

AVOCADO 5.0

RELISH 2.5

GF BREAD 3.0

EGG 3.0

HASH BROWN 3.0

BAKED BEANS 4.0

SALMON 5.0

HALLOUMI 6.0

LABNE 2.5

## *Mediterranean* LUNCH MENU

Monday - Friday 12.00pm - 5.00pm

Weekends & Public Holidays 12.15pm - 5.00pm

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### CHICKEN & VEG BOWL 18.5

Marinated grilled chicken breast pieces served on a bed of sweet potato mash topped with wilted spinach, garlic broccolini and dukkah spices.

## BURGER BAR

### CHICKEN BURGER 19.9

Chicken schnitzel, bacon, cheese, tomato and lettuce. Finished with our special house sauce and served with fries.

### HOUSE BURGER 19.9

Grilled kafta (beef mince with parsley, onion and middle eastern herbs and spices), bacon, cheese, lettuce and caramelised onion. Finished with mayo, house made relish and served with fries.

## WRAPS & FOCACCIAS

### FALAFEL WRAP 13.9

Falafel, tabouli, hummus and lettuce with a tahini sauce.

### KAFTA WRAP 13.9

Kafta (beef mince with parsley, onion and middle eastern herbs and spices), hummus, tabouli and lettuce.

### LAMB WRAP 16.9

Grilled lamb, lettuce, tomato, caramelised onion and tzatziki.

### CHICKEN FOCACCIA OR WRAP 14.5

Grilled chicken with avocado, lettuce and mayo.

### HAM FOCACCIA OR WRAP 12.9

With cheese, tomato, lettuce and mayo

### EGGPLANT FOCACCIA OR WRAP 13.9

With roasted capsicum, bocconcini, rocket and basil pesto.

### SMOKED SALMON FOCACCIA OR WRAP 14.5

With capers, red onion, cream cheese and rocket

### GRILLED CHICKEN FOCACCIA OR WRAP 14.5

With bacon, shaved parmesan, coz lettuce and caeser dressing.